

## Travel and living expenses in Norway, November 2019

This list is an indicative guide to the price level in Norway. Prices can vary according to both geographical location and the time of the year, with city centers in bigger cities in general being more expensive. For ease, the list below indicates the price level in Oslo city center and the greater Oslo region. Please also note that the list has been made using the following conversion rate (1 euro = 10,1 NOK). Prices are therefore indicative and may be subject to change.

Prices	NOK	€
<u>Cost of transportation</u>		
Tram, subway, bus:		
- One-way ticket, Oslo <sup>1</sup>	36	3,6
- 7-day pass, Oslo	285	28,2
- One-way train ticket Oslo-Bergen <sup>2</sup>	964	95,4
<i>Oslo Airport Gardermoen</i>		
- Airport train, Oslo	196	19,4
- Airport taxi Oslo airport Gardermoen-Oslo	630 – 1100	62,3 – 108,9
- Petrol (per litre, approximately)	16 – 18	1,6 – 1,8
<u>Accommodation (1 night, per person, average rate)<sup>3</sup></u>		
- Hotel, single room	1300 – 2000	128,7 – 198
- Budget hotel option (single) <sup>4</sup>	300 – 900	29,7 – 89,1

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<sup>1</sup> For the greater Oslo region, the public transport system (in regards to bus, tram, subway, ferry) is aligned within the same pricing system. This means that generally price levels on the various modes of transport are the same. Please also note that tickets receive an extra surcharge if bought onboard.

<sup>2</sup> Train tickets for regional travels are available at various reduced prices ('minipris'). Reduced prices are subject to availability and depend on time of ticket purchase.

<sup>3</sup> Please note that it is advisable to book hotel rooms early. Prices on accommodation tend to increase as you approach the date(s) in question.

<sup>4</sup> Budget hotel options do exist, however there are fewer reasonable options to choose from in this price range.

Prices	NOK	€
<u>Meals – café, restaurant</u>		
- Breakfast	150 – 200	14,8 – 19,8
- Dinner, restaurant, main course	250 – 300	24,7 – 29,7
<u>Beverages – café, restaurant</u>		
- Non-alcoholic	40 – 70	3,9 – 6,9
- Coffee	30 – 50	3,0 – 5,0
- 1 glass, wine	90 – 130	8,9 – 12,9
- Beer (0,5 liter)	85 – 95	8,4 – 9,4
<u>Assorted</u>		
- Sandwich, salad – restaurant	100 – 150	9,9 – 14,8
- Sandwich – kiosk	60 – 75	5,9 – 7,4
- Bottled water, 0,5 liter – grocery store	22	2,2
- Soft drink, 0,5 liter – grocery store	22	2,2
- Hamburger menu – fast food	50 – 85	5,0 – 8,4